6th Europe Region Physiotherapy Congress

5-6 November 2026

Hosted by: Asociación Española de Fisioterapeutas

Guidelines: Professional Skills seminar

Please read this information carefully to prepare properly for your presentation at the 6th Europe Region Physiotherapy Congress

Professional skills seminar format

This session format is designed to meet the needs of congress participants working in professional skills. Delivered by a diverse panel, these seminars focus on relevant practical questions using case studies. They provide an engaging way to foster in-depth discussions on professional skills topics across the profession. Professional skills are key. Case studies demonstrating evidence-based and feasible approaches to professional skills issues are essential, and users' perspectives, for example through testimonials or video recordings, are strongly encouraged.

Each professional skills seminar will last **60 minutes** and consist of:

- Introduction by the chair.
- Presentations from a maximum of three speakers, in addition to the chair.
- Opportunities for discussion and interaction with the audience.
- a 5-minute summary by the chair, highlighting the implications, applicability, and key messages to take away.
- Individual presentations should work together as a cohesive set. Messages may be complementary or contrasting, but each contribution should support the overall objectives of the seminar.
- Presentations must be delivered **in English**.
- Please keep your presentation clear, concise and focused on the **key messages and main findings** of your work.
- We recommend including your **contact details on the final slide**.

Preparing your slides

An **official Congress PowerPoint template is available**. Make sure your presentation is in **PPT (Microsoft PowerPoint 16.9) or PDF format.** We strongly recommend this template when preparing your presentation to ensure a consistent format throughout the Congress. You can also use your own institutional template.

Keep slides **simple, clear and easy to read**:

- Use short sentences, keywords and no more than **4–5 main points per slide**.
- Use easy-to-read fonts such as **Arial**.
- Recommended minimum font size: **38 pt for headings** and **24 pt for body text**.
- Use high-contrast colours and avoid overcrowding your slides.
- Images, graphs and charts should be clear and focus only on the information relevant to your presentation.
- Videos should be in **MP4 format** and audio files in **MP3 format** and must be embedded in the PowerPoint presentation.
- We recommend including your contact details in your presentation so participants can follow up with you after the session.

Uploading your presentation

We strongly recommend **uploading your presentation in advance** through the Congress platform through the individual link you will receive.

The platform will remain open for presentation uploads until October 24th

If you have not uploaded your presentation in advance, please bring it **on a USB drive and submit it at least 2 hours before your scheduled presentation at the Speaker Preview Room**, located in the Main Hall next to the Registration Area. This ensures your file can be loaded and tested in time.

Even if you have uploaded your presentation in advance, we strongly recommend to **bring a USB drive with the latest version of your presentation**, just in case it hasn't been received properly, and **go to the Speaker Preview Room at least 2 hours before your scheduled presentation** to check the version you've sent and make sure everything is as expected.

Please arrive at your session room **at least 10 minutes before the start of the session**.

Use of personal laptops is not permitted, so please ensure your presentation is in the correct format on your USB drive.

For any questions regarding your presentation, please contact the **Congress Technical Secretariat (physiocongress@alocongress.com)**.

We look forward to welcoming you to the **6th Europe Region Physiotherapy Congress**.