



6th Europe Region Physiotherapy Congress

5-6 November 2026



Guidelines: Focused symposium

Please read this information carefully to prepare properly for your presentation at the
6th Europe Region Physiotherapy Congress

Focused Symposia format

- Focused Symposia are 60-minute sessions.
- Individual presentations should work together as a cohesive set. Messages may be complementary or contrasting, but each contribution should support the overall objectives of the symposium.
- Presentations must be delivered **in English**.
- Please keep your presentation clear, concise and focused on the **key messages and main findings** of your work.
- We recommend including your **contact details on the final slide**.

Preparing your slides

An **official Congress PowerPoint template is available**. Make sure your presentation is in **PPT (Microsoft PowerPoint 16.9) or PDF format**. We strongly recommend this template when preparing your presentation to ensure a consistent format throughout the Congress. You can also use your own institutional template.

Keep slides **simple, clear and easy to read**:

- Use short sentences, keywords and no more than **4–5 main points per slide**.
- Use easy-to-read fonts such as **Arial**.
- Recommended minimum font size: **38 pt for headings** and **24 pt for body text**.
- Use high-contrast colours and avoid overcrowding your slides.
- Images, graphs and charts should be clear and focus only on the information relevant to your presentation.
- Videos should be in **MP4 format** and audio files in **MP3 format** and must be embedded in the PowerPoint presentation.
- We recommend including your contact details in your presentation so participants can follow up with you after the session.

To help you prepare your presentation, please read the document “**Focused Symposia Presentation Tips**”.

Uploading your presentation

We strongly recommend **uploading your presentation in advance** through the Congress platform.

You will receive an **individual link** to upload your presentation.

The platform will remain open for presentation uploads until October 24th.

If you have not uploaded your presentation in advance, please bring it **on a USB drive and submit it at least 2 hours before your scheduled presentation at the Speaker Preview Room**, located in the Main Hall next to the Registration Area. This ensures your file can be loaded and tested in time.

Even if you have uploaded your presentation in advance, we strongly recommend to **bring a USB drive with the latest version of your presentation**, just in case it hasn't been received properly, and **go to the Speaker Preview Room at least 2 hours before your scheduled presentation** to check the version you've sent and make sure everything is as expected.

Please arrive at your session room **at least 10 minutes before the start of the session**.

Use of personal laptops is not permitted, so please ensure your presentation is in the correct format on your USB drive.

For any questions regarding your presentation, please contact the **Congress Technical Secretariat (physiocongress@alocongress.com)**.

We look forward to welcoming you to the **6th Europe Region Physiotherapy Congress**.